



Cariboo Family Enrichment Centre
presents

“Anger Management”

Learn skills to help you manage your anger!

Thursday Evenings
September 16, 23 & 30
(3 sessions)

6:00 pm to 8:00 pm

For more information please contact the
Cariboo Family Enrichment Centre

Pre-registration required

250-395-5155

Located at

#1 - 486 Birch Avenue, 100 Mile House, BC