



Cariboo Family Enrichment Centre
presents

“Anger Management”

Learn skills to help you manage your anger!

Thursday Evenings
September 22, 29 & Oct 6
(3 sessions)
6:00 pm to 8:00 pm

For more information please contact the
Cariboo Family Enrichment Centre

Pre-registration required

250-395-5155

Located at

#1 - 486 Birch Avenue, 100 Mile House, BC